

SESSION: 2024 – 2025**CLASS – IV****ENGLISH****OCTOBER & NOVEMBER**

Course Book	L – 9 Frogs at School (Poem) L – 10 Helen Keller L – 11 The Three Dolls L – 12 When Flowers Wake each Morning (Poem)
Literature Reader	L – 7 How the Camel Got His Hump L – 8 Our New Robot (Poem) L – 9 Deepak’s Plane
Grammar	<ul style="list-style-type: none">• Tenses (Past Tense) (Pg no.22 to 25)• Preposition (Pg no.32 to 34)• Degree of Adjectives (Pg no.38 & 39)• Fun Activity – 1 (Pg no.40)• Comprehension (Pg no.66 to 68)
Writing Skills	<ul style="list-style-type: none">• Paragraph Writing: Practice makes A Man Perfect• Formal Letter: Letter to Municipal Commissioner to inform her/him about the poor condition of roads in your locality.
Speaking Skill	<ul style="list-style-type: none">• Telling some lines about – Helen Keller.• Reciting the poem: ‘Our New Robot’ with intonation.
Creative Skill	<ul style="list-style-type: none">• Draw the scene of a Forest School.• Make an attractive chart to show rules of Past Tense.
Learning Outcomes	<u>The learners will be able to:</u> <ul style="list-style-type: none">• Improve their reading skills.• recite a poem with proper rhythm.

	<ul style="list-style-type: none"> • to enhance their ability to imagine and express themselves. • use prepositions in sentences. • know about the degree of adjectives. • Know the rules of Past Tense.
DECEMBER	
Course Book	<p>L – 13 Aladdin and the Magic Lamp</p> <p>L – 14 The Olympic Games</p> <p>L – 15 The Spelling Bee (Poem)</p>
Literature Reader	<p>L – 10 From a Railway Carriage (Poem)</p> <p>L – 11 Mr. Lucky Straw</p>
Grammar	<ul style="list-style-type: none"> • Tenses (Future Tense) (Pg no. 26 & 27) • Conjunctions (Pg no. 41 to 43) • Adverbs (Pg no. 44 to 46) • Homophones (Pg no.48 & 49) • Comprehension (Pg no. 64 & 65) • Unseen Passage
Writing Skill	<ul style="list-style-type: none"> • Paragraph Writing: Pollution – A Threat to Environment • Informal Letter: Letter to father for asking his permission to go to a school picnic.
Speaking Skill	<ul style="list-style-type: none"> • Express your feelings: 'If you were a genie' • Class Discussion: Cricket should be a part of modern Olympic Games.
Creative Skill	<ul style="list-style-type: none"> • Paste or draw the symbol of Olympic Games on A-4 size sheet and write the names of countries related to Olympic rings. • Make an attractive chart to show homographs.

<p>Learning Outcomes</p>	<p><u>The learners will be able to:</u></p> <ul style="list-style-type: none"> • read aloud with appropriate pause. • recite a poem with proper intonation and expressions. • express freely and creatively. • understand the use conjunctions in sentences. • know about homophones. • Know about kinds of Adverb.
<p>JANUARY & FEBRUARY</p>	
<p>Course Book</p>	<p>L – 16 Dr. B.R. Ambedkar</p>
<p>Literature Reader</p>	<p>L – 12 Alexander and the Horse</p>
<p>Grammar</p>	<ul style="list-style-type: none"> • Synonyms (Pg no. 53 to 55) • Revision Test Papers (Pg no. 60 to 63) • Unseen Poem
<p>Writing Skill</p>	<ul style="list-style-type: none"> • Advertisement Making : Summer Clearance Sale • Diary Entry : How I Celebrate my Birthday
<p>Speaking Skill</p>	<ul style="list-style-type: none"> • Present an advertisement for selling a tooth paste of your own brand • Narrate any incident related to Dr. B.R. Ambedkar’.
<p>Creative Skill</p>	<ul style="list-style-type: none"> • Draw the cover page of the poem: Rain in Summer and write some describing words about rain. • Learn and write any 10 verbs and three forms of these verbs in notebook.
<p>Learning Outcomes</p>	<p><u>The learners will be able to:</u></p> <ul style="list-style-type: none"> • read aloud with appropriate pause. • know the use of present tense. • express ideas freely and creatively. • know about the art of advertisement making. • Understand how to write a diary entry.

(REVISION)

**Periodic
Assessment – 3**

Course book:

L – 9 Frogs at School (Poem)

L – 10 Helen Keller

Literature:

L – 7 How the Camel Got His Hump

Grammar:

Unseen Passage, Tenses (Past Tense), Prepositions

**Periodic
Assessment – 4**

Course book:

L – 11 The Three Dolls

L – 12 When Flowers Wake each Morning (Poem)

Literature:

L – 8 Our New Robot (Poem)

Grammar:

Unseen Poem, Degree of Adjectives and Conjunctions

**Annual
Assessment**

Course book:

L – 13 Aladdin and the Magic Lamp

L – 14 The Olympic Games

L – 15 The Spelling Bee (Poem)

L – 16 Dr. B.R. Ambedkar

Literature:

L – 9 Deepak's Plane

L – 10 From a Railway Carriage (Poem)

L – 11 Mr. Lucky Straw

L – 12 Alexander and the Horse

Grammar:

Unseen Passage, Paragraph, Formal & Informal letter, Advertisement Making, Diary Entry, Grammar inclusive of text, All topics covered from October to February.

हिंदी

अक्टूबर – नवंबर

पाठ्य पुस्तक	पाठ – 9 कर्तव्यनिष्ठ बालक पाठ – 10 पहली उड़ान पाठ – 11 सबसे अच्छा पुत्र पाठ – 12 मित्र को पत्र
व्याकरण	<ul style="list-style-type: none">• अनेकार्थी शब्द (पृष्ठ संख्या : 46 - 48)• पर्यायवाची (पृष्ठ संख्या : 43 - 45)• विराम चिह्न (पृष्ठ संख्या : 50 - 51)• पत्र - फीस माफ़ी के लिए प्रधानाचार्य को पत्र• अनुच्छेद - परोपकार
वाचन कौशल	<ul style="list-style-type: none">• यदि किसी को कोई समस्या आए तो आप कैसे उसका समाधान निकालेंगे कक्षा में चर्चा कीजिए।• आपकी छुट्टियाँ कैसी बीती विषय पर अपने अनुभव साझा करिए।
रचनात्मक कौशल	<ul style="list-style-type: none">• ग्लाइडर का चित्र बनाइए और उसकी विशेषताओं को लिखिए।• योग के किन्हीं तीन आसनों के चित्र चिपकाइए और उनके बारे में लिखिए।
शिक्षण उद्देश्य	<ul style="list-style-type: none">• छात्रों में सद आचरण और सद व्यवहार की योग्यता बढ़ाना।• छात्रों में समाजिकता , सहभागिता , संवेदनशीलता का विकास करना।• छात्रों में विज्ञान के प्रति रूचि जाग्रत करना।
दिसंबर	
पाठ्य पुस्तक	पाठ – 13 सीखें पाठ – 14 कंप्यूटर की आत्मकथा
	<ul style="list-style-type: none">• मुहावरे (पृष्ठ संख्या : 52 - 54)

व्याकरण	<ul style="list-style-type: none"> सूचना लेखन (पृष्ठ संख्या : 55 - 56) अनुच्छेद: हमारा राष्ट्रीय ध्वज पत्र मित्र को बहन की शादी के लिए निमंत्रण पत्र
वाचन कौशल	<ul style="list-style-type: none"> कविता का सस्वर वाचन कीजिए। छात्रों में पुस्तक पठन की रुचि जागृत करना।
रचनात्मक कौशल	<ul style="list-style-type: none"> कंप्यूटर के अलग-अलग तरह के चित्र इकट्ठे कीजिए और उनके बारे में लिखिए।
शिक्षण उद्देश्य	<ul style="list-style-type: none"> छात्रों को अपनी बात कहने की सामर्थ्य का विकास करना। छात्रों में कंप्यूटर के महत्व और उपयोग की समझ विकसित करना। छात्रों में करुणा, संवेदनशीलता, धैर्य, विनम्रता आदि गुणों का विकास करना।
जनवरी - फरवरी	
पाठ्य पुस्तक	<p>पाठ – 15 सीख</p> <p>पाठ – 16 चाँद का झिंगोला</p>
व्याकरण	<ul style="list-style-type: none"> संवाद लेखन अपठित गद्यांश चित्र वर्णन
वाचन कौशल	<ul style="list-style-type: none"> पाठ का वाचन एवं श्रवण करना । कविता को हाव-भाव के साथ कक्षा में सुनाइए।
रचनात्मक कौशल	<ul style="list-style-type: none"> चाँद के घटते और बढ़ते क्रम की विभिन्न आकृतियों का चित्र बनाइए।
शिक्षण उद्देश्य	<ul style="list-style-type: none"> छात्रों में ईमानदारी, सहृदयता जैसे जीवन-मूल्यों की समझ विकसित करना।

	<ul style="list-style-type: none"> छात्रों में स्वाभाविक रूप से सीखने की सामर्थ्य विकसित करना।
(पुनरावृत्ति)	
आवधिक मूल्यांकन -3	<p>पाठ्य-पुस्तक:</p> <p>पाठ – 9 कर्तव्यनिष्ठ बालक</p> <p>पाठ – 10 पहली उड़ान</p> <p>व्याकरण:</p> <ul style="list-style-type: none"> अपठित गद्यांश, विराम चिह्न और व्याकरण कार्य पाठ्य-पुस्तक के आधार पर।
आवधिक मूल्यांकन -4	<p>पाठ्य-पुस्तक:</p> <p>पाठ – 11 सबसे अच्छा पुत्र</p> <p>पाठ – 12 मित्र को पत्र</p> <p>व्याकरण:</p> <p>अपठित गद्यांश, अनेकार्थी शब्द, मुहावरे और व्याकरण कार्य पाठ्य-पुस्तक के आधार पर।</p>
वार्षिक मूल्यांकन	<p>पाठ्य-पुस्तक:</p> <p>पाठ – 13 सीखें</p> <p>पाठ – 14 कंप्यूटर की आत्मकथा</p> <p>पाठ – 15 सीख</p> <p>पाठ – 16 चाँद का झिंगोला</p> <p>व्याकरण:</p> <p>अपठित गद्यांश, पत्र लेखन, अनुच्छेद लेखन, चित्र वर्णन, प्रथम व द्वितीय सत्र की सम्पूर्ण व्याकरण तथा व्याकरण कार्य पाठ्य-पुस्तक के आधार पर।</p>

MATHEMATICS	
OCTOBER & NOVEMBER	
Ch – 6 Division	<ul style="list-style-type: none"> • Properties of Division • Division by 10, 100 and 1000 • Long division • Verification of division • Word Problems • Unitary Method
Ch – 8 Factors and Multiples	<ul style="list-style-type: none"> • Factors and Multiples • Properties of Factors and Multiples • Common Factors and Multiples • Highest Common Factor • Lowest Common Multiple • Divisibility tests • Types of numbers
Ch – 9 Fractions	<ul style="list-style-type: none"> • Fraction of a whole • Fraction of a collection • Fractions on the Number Lines • Equivalent Fractions • Types of Fractions • Comparing fractions • Addition and Subtraction of Like Fractions
Ch – 10	<ul style="list-style-type: none"> • Basics of Geometry • Closed and Open Figures

<p>Measurement of Basic Units</p> <p>Ch – 14</p> <p>Geometry</p>	<ul style="list-style-type: none"> • Polygons • Circle and its parts • Three Dimensional Shapes • Measures of Length • Measures of Weight • Measures of Mass • Conversions of metric units into lower unit or higher unit • Addition and Subtraction of different metric units
<p>Workbook</p>	<ul style="list-style-type: none"> • Division (Worksheet 7) • Multiples and Factors (Worksheet 18 & 19) • Fraction (Worksheet 23, 24, 25 & 26) • Measurement (Worksheet 27, 28, 29 & 30) • Geometry (Worksheet 31, 32 & 33)
<p>Applied Maths & Creative Skills</p>	<ul style="list-style-type: none"> • Understanding the multiples and finding common multiple using 10 × 10 grid sheet and colours. • Understanding, adding, subtracting and comparing fractions using different shapes, colours and shading.
<p>Learning Outcomes</p>	<p><u>Learners will be able to:</u></p> <ul style="list-style-type: none"> • divide the given number and find quotient and remainder. • understand unitary method. • find factors and multiples of the given numbers. • find LCM and HCF of the given numbers. • understand what a fraction and its different kinds are. • Compare, add and subtract fractions. • convert, add and subtract the given unit of measurement. • identify different kinds of polygons. • understand circle and its parts.

	<ul style="list-style-type: none"> list properties of different 3-D shapes.
DECEMBER	
<p>Ch – 13 Money</p>	<ul style="list-style-type: none"> Conversion of rupees into paise and vice versa Finding total amount Addition and Subtraction of Money Multiplication and Division of Money Making Bills
<p>Ch – 15 Perimeter and Area</p>	<ul style="list-style-type: none"> Perimeter of regular and irregular polygons Perimeter of Square using formula Perimeter of Rectangle using formula Area of irregular shapes
Workbook	<ul style="list-style-type: none"> Money (Worksheet 9 & 10) Perimeter & Area (Worksheet 20, 21 & 22)
Applied Maths & Creative Skills	<ul style="list-style-type: none"> Preparing different bills, selling and buying different items using fake currency. (Creating market scenario in the class)
Learning Outcomes	<p><u>Learners will be able to:</u></p> <ul style="list-style-type: none"> convert rupee into paisa and vice versa. add, subtract, multiply and divide the given amount. prepare a bill for the given amounts. find perimeter of polygons without using formula. find perimeter of square and rectangle using formula. find area of irregular shapes.
JANUARY & FEBRUARY	
	<ul style="list-style-type: none"> Symmetry and lines of symmetry Number patterns

<p>Ch – 16 Symmetry and Patterns</p> <p>Ch – 17 Data Handling</p>	<ul style="list-style-type: none"> • Coding and decoding • Patterns in addition and multiplication • Understanding Data • Interpreting and drawing Pictographs • Using tally marks to organize and analyse data • Interpreting Bar Graphs • Interpreting Circle Graphs
<p>Workbook</p>	<ul style="list-style-type: none"> • Symmetry & Patterns (Worksheet 11, 12, 13 & 14) • Data Handling (Worksheet 15, 16 & 17)
<p>Applied Maths & Creative Skills</p>	<ul style="list-style-type: none"> • Creating patterns using block, vegetable, sponge printing etc. • Writing secret messages for your friends on new year using the concept of coding.
<p>Learning Outcomes</p>	<p><u>Learners will be able to:</u></p> <ul style="list-style-type: none"> • understand the concept of symmetry. • complete the given number patterns. • decode a given message. • interpret the given pictograph, bar graph and circle graph. • use tally marks to organize the given data.
<p>(REVISION)</p>	
<p>Periodic Assessment – 3</p>	<p>Ch – 6 Division</p> <p>Ch – 8 Factors and Multiples</p>
<p>Periodic Assessment – 4</p>	<p>Ch – 9 Fractions</p> <p>Ch – 14 Geometry</p>
	<p>Ch – 6 Division</p> <p>Ch – 8 Factors and Multiples</p> <p>Ch – 9 Fractions</p> <p>Ch – 10 Measurement of Basic Units</p>

DECEMBER	
Ch – 13 Houses Around Us	<ul style="list-style-type: none"> • How Houses Have Change Over Time • Houses in Villages • Houses in Cities • Keeping the House Clean
Ch – 16 Our Rich Heritage	<ul style="list-style-type: none"> • Our Culture • Monuments • Dance and Music • Language and Literature • Paintings • Food and Festivals
Ch – 18 Transport and Communication	<ul style="list-style-type: none"> • Transport • Roadways, Railways, Waterways and Airways • Communication • Postal Services • Telephone, Intercom and Fax Machines • The Internet • Newspaper, Magazines and Books • Television, Radio and Cinema
Critical Thinking Skill	<p>Let's talk about -</p> <ul style="list-style-type: none"> • Things we can do to keep our house clean. • Travelling by a bus or metro is good for environment.
Application & Creative Skill	<ul style="list-style-type: none"> • Paste the pictures of any two classical dances of India and their names.

	<ul style="list-style-type: none"> • Drawing a web chart showing the houses in olden time and now.
Learning Outcomes	<p><u>The learners will be able to:</u></p> <ul style="list-style-type: none"> • understand about the different types of houses. • Understand about our rich heritage. • know different dance forms popular in the different states of India. • identify the means of transport. • explain the ancient Indian Culture.
JANUARY & FEBRUARY	
Ch – 19 Maps and Directions	<ul style="list-style-type: none"> • Directions • Landmarks • Knowing a Map • Features of a Map – Synbols, Legend or Keys • Scale in Maps
Ch – 20 Building Things	<ul style="list-style-type: none"> • People Who Help Us Build our houses • Building Materials and Tools • Brick Making • Bridges and Different Kinds of Bridges
Critical Thinking Skill	<p>Let's talk about –</p> <ul style="list-style-type: none"> • Directions. • People who help to make buildings.
Application & Creative Skill	<ul style="list-style-type: none"> • Making a list of tools used for making a building. • Drawing a chart showing some legend we use in a map.
Learning Outcomes	<p><u>The learners will be able to:</u></p> <ul style="list-style-type: none"> • know about different types of buildings. • tell about symbols we use in a map.

	<ul style="list-style-type: none"> • understand the brick making process. • Know about the different kinds of bridges. • Knowing about the people who help to make a house. • Understand the need of keys or symbols in a map.
(REVISION)	
Periodic Assessment – 3	Ch – 9 Taking Care of Plants and Trees Ch – 10 Our Food
Periodic Assessment – 4	Ch – 11 Tongue and Teeth Ch – 12 Water
Annual Assessment	Ch – 8 Roots, Shoots and Flowers Ch – 13 Houses Around Us Ch – 16 Our Rich Heritage Ch – 18 Transport and Communication Ch – 19 Maps and Directions Ch – 20 Building Things
COMPUTER SKILLS	
Objective skills: To develop the skills of using computer application software for solving problem.	
OCTOBER & NOVEMBER	
Theory	Ch – 3 Introduction to Internet <ul style="list-style-type: none"> • Internet and uses of internet • Requirements for accessing the internet • Basic terminology, opening a webpage • Responsibilities of good citizen • Advantages and disadvantages of the internet Ch – 6 Introduction to PowerPoint <ul style="list-style-type: none"> • PowerPoint- a presentation software • Uses of presentation

	<ul style="list-style-type: none"> Starting PowerPoint 2019 Components of PowerPoint 2019 Creating, saving, closing a presentation
Lab Session	<ul style="list-style-type: none"> Introduction to Power Point
DECEMBER	
Theory	<p>Ch – 7: More about Scratch</p> <ul style="list-style-type: none"> Features and components of scratch Adding a new sprite, working with two sprites Setting the sprite's position and rotation style Changing pen shade, playing instrument
Lab Session	<ul style="list-style-type: none"> More about Scratch
JANUARY & FEBRUARY	
Theory	<p>Ch – 8 IoT and Smart Homes</p> <ul style="list-style-type: none"> Understanding Internet of Things Features of IoT Trending IoT- enabled smart devices More Application of IoT
Lab Session	<ul style="list-style-type: none"> More about Scratch
(REVISION)	
Annual Assessment	<p>Ch – 3 Introduction to Internet</p> <p>Ch – 6 Introduction to PowerPoint</p> <p>Ch – 7: More about Scratch</p> <p>Ch – 8 IoT and Smart Homes Worksheet 1 (Page no. 38)</p>
LIFESKILLS & VALUE EDUCATION	
OCTOBER & NOVEMBER	
<p>L – 7 Serving Society Multiplies One's Happiness</p> <p>L – 8 Good Eating Habits</p> <p>Logical Reasoning – II</p>	

DECEMBER	
L – 9 Good Friends Never Change L – 10 Self – Reliance	
JANUARY & FEBRUARY	
L – 11 Yoga and Health Logical Reasoning – III	
(REVISION)	
Annual Assessment	L – 7 Serving Society Multiplies One’s Happiness L – 8 Good Eating Habits L – 9 Good Friends Never Change L – 10 Self – Reliance L – 11 Yoga and Health
GENERAL KNOWLEDGE	
OCTOBER & NOVEMBER	
UNIT- 5 The World of Science	Ch – 24 Human Digestive System Ch – 25 Science and It’s Branches Ch – 26 Flight into Space Ch – 27 Compunomics Puzzle Ch – 28 Knowledge Bank
UNIT- 6 Figuratively Speaking	Ch – 29 Famous Inspirational Quotes Ch – 30 Intriguing Idioms Ch – 31 World of Information Ch – 32 Anlist the Abbreviations
UNIT- 7 Recreation and Play	Ch – 33 Traditional Games of India Ch – 34 Sports Championships Ch – 35 Adventure Sports

<p style="text-align: center;">UNIT- 8 To Be Aware</p>	<p>Ch – 36 Cinematic Awards – 2022</p> <p>Ch – 37 Movies Fiesta – 2022</p> <p>Ch – 38 Mommy Tells about, ‘Eye Care’</p> <p>Ch – 39 Making a First Aid Kid</p> <ul style="list-style-type: none"> • Crack the Quiz • Current Affairs and General Awareness
DECEMBER	
<p style="text-align: center;">UNIT- 9 Nature and Cosmos</p> <p style="text-align: center;">UNIT- 10 Miscellaneous</p>	<p>Ch – 40 Natural Calamities</p> <p>Ch – 41 Recycling of Paper</p> <p>Ch – 42 Disposal of Solid Waste</p> <p>Ch – 43 Measuring Instruments</p> <p>Ch – 44 Make a Healthy Plate</p> <p>Ch – 45 Spicing Up Our lives</p> <ul style="list-style-type: none"> • Crack the Quiz • Current Affairs and General Awareness
JANUARY & FEBRUARY	
<p style="text-align: center;">UNIT- 11 Mind Teasers</p>	<p>I.Q. Test 1</p> <p>I.Q. Test 2</p> <p>Emotions Yoga</p> <p>Cycle Test 1</p> <p>Cycle Test 2</p> <p>Cycle Test 3</p> <p>Special Pages</p> <ul style="list-style-type: none"> • Current Affairs and General Awareness
(REVISION)	
	<p>UNIT – 5 The World of Science</p> <p>UNIT – 6 Figuratively Speaking</p> <p>UNIT – 7 Recreation And Play</p>

<p>Annual Assessment</p>	<p>UNIT – 8 To Be Aware UNIT – 9 Nature and Cosmos UNIT – 10 Miscellaneous UNIT – 11 Mind Teasers</p> <ul style="list-style-type: none"> • Crack the Quiz (Pg. 38 & 50) • Current Affairs and General Awareness
<p>DRAWING</p>	
<p>OCTOBER & NOVEMBER</p>	
<p>Artistry Skills</p>	<ul style="list-style-type: none"> • Eiffel Tower (Pg no.29 -30) • Cartoon Characters (Pg no. 31) • Paper Tree (Pg no.33) • Beach Scene (Pg no.34) • Turkey (Coloured Paper Craft) (Pg no.35) • Swan (Pencil Shading activity) (Pg no.36) • Koala (Pg no.37) • Two Rabbits (Pg no.38)
<p>Paper Folding</p>	<ul style="list-style-type: none"> • Fish, Bow & Bunny
<p>Learning Outcomes</p>	<p><u>The learners will be able to:</u></p> <ul style="list-style-type: none"> • Develop their colouring skills. • Develop their artistic skills. • Develop their paper folding skills • Encourage vision analysis.
<p>DECEMBER</p>	

Artistry Skills	<ul style="list-style-type: none"> • Happy Easter (Pg no.39) • Value Tree (Pg no. 40) • Calligraphy Writing (Pg no .41) • Cute Panda (Pg no. 42) • Intelligent Parrots (Pg no.43) • Stick Human Figure (Pg no. 44)
Paper Folding	<ul style="list-style-type: none"> • Rabbi & Bird
Learning Outcomes	<p><u>The learners will be able to:</u></p> <ul style="list-style-type: none"> • develop basic knowledge of art and craft. • learn how to do cotton bud activity. • know the skills of origami.
JANUARY & FEBRUARY	
Artistry Skills	<ul style="list-style-type: none"> • Stick Drawing (Pg no.45) • Valley of Flowers (Pg no. 46 - 47) • Calligraphy (Alphabets) (Pg no.48) • Little Blue Tickell’s Bird (Pg no.49) • Polar Bear (Wool Craft) (Pg no. 50)
Paper Folding	<ul style="list-style-type: none"> • Frog & Santa
Learning Outcomes	<p><u>The learners will be able to:</u></p> <ul style="list-style-type: none"> • learn how to do vegetable printing. • know the skills of paper folding.
(REVISION)	
Annual Assessment	<ul style="list-style-type: none"> • All the topics covered from October to February. • Paper Folding: Pencil, Bear face, Dog & Snake
DANCE	
OCTOBER – FEBRUARY	
Exercises	<ul style="list-style-type: none"> • Cross Walk

	<ul style="list-style-type: none">• Chest Hope• Lank and Jump• Running Man Exercise• One-leg Stretch• Body Stretching• Plank and Jump• Two Step Exercise
Choreography Songs	<ul style="list-style-type: none">• Let's Nacho• Aaya Nai• Sau Tarah Ke